



"I thought the pastor was going to preach about the experience of worship, instead, we worshipped God for the entire service. By the time the service ended, my mind was clear and my heart experienced a total trust and confidence that God has healed me."

- Ee Mien

Need a fresh touch?

Come and be refreshed in God's presence.





Trinity@Adam
Sat 3.30pm
Sun 8.30am

Trinity@Bukit Batok Sun 9am **Trinity@Paya Lebar**Sat 3.30pm
Sun 9.30am

## **Chinese Service**

今年是增长的一年,让我们在与神,家人,教会和亲友的关系上经历从神而来的增长。



## 二月份

# 讲道系列

一月 28-29日

二月 4-5日

二月 11-12日

二月 18-19 日

与神的关系 与家人的关系 与教会的关系 与亲友的关系



Taming the TIGER OF ANGER

Sun, Feb 26, 2.30-4.30pm ,Trinity@Paya Lebar



We've all felt anger before and we've hurt others as a result of this anger. Come and learn how to harness anger creatively in a helpful, not harmful manner.

"The speaker's notes and session helped me to have more systematic way of identifying and managing any anger triggers." – Shwu Huey



#### ABOUT THE SPEAKER

Esther Tzer Wong, M. Soc. Sci. (NUS) and MNTCW (University of Melbourne), is a senior lecturer in the Master of Arts in Counseling at TCA College. A trained social worker with 40 years of experience in counseling, she conducts spiritual retreats and seminars on self and soul-care.

#### **CLICK TO REGISTER**

Or visit: trinity.sg/ta

#### JOIN US FOR OUR CELEBRATION SERVICES!

## Trinity@Paya Lebar

247 Paya Lebar Rd

Sat 5pm, Sun 8.30 & 11am

## Trinity@Bukit Batok

West Mall, Cathay Cinema Sun 9 & 11am

## Trinity@Adam

21 Adam Rd

Sat 5pm, Sun 10am



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